



# THE CONTRACTOR'S CHRONICLE

THE LATEST UTILITY CONTRACTOR NEWS AND INFORMATION

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SAFETY IS NO ACCIDENT

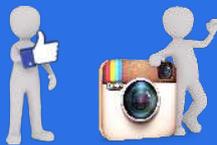
STAFF SPOTLIGHT

RECIPE OF THE MONTH:  
NOT YOUR DADDY'S  
BBQ CHICKEN BREASTS

**MJMinorUtility.com**



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### MJ Minor Utility Contractor

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Previous owner, Jesse Minor, still works with us and took over Scott's Corner this month to answer some frequently asked questions.

### FAQ #1 - Is There A Difference Between Hydrovac And Hydro Excavation?

No. Hydrovac is just a commonly used term to describe a hydro excavation truck.

### FAQ #2 - What Is A Hydrovac?

A hydrovac is a piece of equipment that uses high-pressure water to cut and liquefy the soil, while simultaneously using a high volume vacuum to remove the soil from the excavation. Both fresh water and soil from the excavation are contained in the typically truck-mounted unit.

*Cont. on Pg 2*

## Safety Is NO Accident

We encounter many dangerous situations and want to ensure our team members are safe while on the job. In fact, safety is so vital to us, we continually work to improve skills and train our team members.

Last week, Scott, Matt, Chewy, and Jacob attended a training focused on confined spaces. Knowing what to look for and what to do when working in confined spaces is important. But knowing what to stay away from and how to problem solve is key to staying safe.



### FAQ #3 – What Are Some Of The Most Common Uses For Hydro Excavation Trucks?

Some of the most common uses are daylighting (digging to expose and locate underground utilities), soil trenching (digging narrow trenches to install cables, pipelines, and other in-ground utilities), piling hole excavation (digging holes of various diameters and depths to lay all types of pilings), debris removal, and cold-weather digging.

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*MJ Minor Utility Contractor has been proudly serving a diverse customer base in Iowa, Nebraska, and South Dakota since 2003. We are passionate about what we do and have earned a reputation that goes above and beyond to meet the needs of our customers.*

# BBQ Chicken Breasts

## INGREDIENTS:

- 1 cup ketchup
- 1/4 cup apple cider vinegar
- 1/4 cup brown sugar, packed
- 1 tablespoon molasses
- 1 tablespoon Worcestershire sauce
- 1 teaspoon ground mustard
- 1/2 teaspoon garlic powder
- 1/4 teaspoon onion powder
- 1/4 teaspoon ground black pepper
- 4 boneless, skinless chicken breasts
- 2 tablespoons chopped fresh parsley leaves



Not Your Daddy's BBQ!  
We love to fire up our grill  
and prepare this family  
favorite every chance we  
get!

## DIRECTIONS:

1. **WHISK** together ketchup, vinegar, brown sugar, molasses, Worcestershire, mustard, garlic powder, onion powder, pepper and 1/4 cup water. Reserve 1/3 cup and set aside.
2. **COMBINE** ketchup mixture and chicken in a gallon size slider bag or large bowl; marinate for at least 1 hour to overnight, turning the bag occasionally. Drain the chicken from the marinade.
3. **PREHEAT** grill to medium high heat.
4. **MAKE** drainage holes in a sheet of Reynolds Wrap® Non-Stick Foil with a grilling fork. Place foil sheet on grill grate with non-stick (dull) side facing up.
5. **PLACE** chicken on foil and cook, flipping once and basting with reserved 1/3 cup marinade until cooked through, about 10-12 minutes on each side.
6. **SERVE** immediately, garnished with parsley, if desired.

Site After Site,  
Project After Project,

MJ MINOR UTILITY  
CONTRACTOR

Makes A Difference  
In How You Get The Job  
Done!

Mark was focused on  
the task at hand  
while on site at  
Famous Dave's BBQ

# Staff Spotlight

*With Mark Bauer*

## What Do You Do At MJ Minor?

*I am a Machine Operator. I like to run the different types of machines we use because each machine has its own unique skill set needed.*

## What Do You Like To Do In Your Free Time?

*I like to play guitar and build things.*

## Tell Us About Your Family.

*I have a beautiful wife and 4 children.*

## What's Your Favorite TV Show?

*I like to stick to the classics: Hogan's Heroes.*

## Where Is Your Favorite Place To Go On Vacation?

*Nashville, TN.*

